# Brent Community ESOL programme





## Background

In 2018 English for Action worked with the Brent Community branch of Unite the Union, training up a group of 17 local volunteer teachers to run **participatory ESOL** classes throughout the borough, responding to the need expressed by one of its refugee members. The project then worked with the Bulgarian Social Platform, running 5 weekly classes for this new community; teachers also secured teaching posts at local community centres - the Global Skills Centre in Kilburn, and Brent CVS and The Yellow in Wembley Park.

When these centres shut during the pandemic, EFA supported one of the local teachers to move the successful Yellow class online, and began to apply for funding. Our first official EFA class started last September funded by an Edward Harvist grant. 6 more classes were added to the weekly schedule from January of this year, on confirmation of a council NCIL grant<sup>1</sup> which kicked-in in April.

This report primarily focusses on the NCIL-funded project, running in partnership with two Brent-based organisations: the Work Rights Centre, and Young Roots who work with refugees.

We have 18 months more to go. Our aim in producing this report is to celebrate the achievements so far in the hope that more people will know about this project and the opportunity it represents for migrant residents and workers in Brent.

## Our current programme

The programme is aimed at **higher-level students**, based on our experience as teachers and on our research which show that the provision and uptake of ESOL beyond Entry Level is low in Brent. The impact of this is clear: low-skilled, low-status and low-paid work - which is why we are also working in partnership with the Work

<sup>&</sup>lt;sup>1</sup> Neighbourhood Community Infrastructure Levy – money collected by the council from developers to be spent on community infrastructure to offset the impact of development.

Rights Centre who have been running fortnightly Employability and Employment Rights sessions.

The NCIL funding we applied for was earmarked for projects that would address such structural inequalities in our borough. Low pay obviously also impacts upon children's education, housing and health. These issues will not simply be remedied by migrant workers becoming more fluent in English. Our programme seeks to **develop community leaders** who can build collective power in our communities to take action.

We have enrolled over a 100 local students since January, which great, but we lowered the entry requirements, creating two Entry 3 classes to cater to the people who applied. People often assume ESOL is for beginners, so we need to make sure that prospective students know this higher level course is available. Many with functional English will be in work, usually in exhausting jobs, with irregular shift-patterns, and with the associated problems of poverty. And the determination to invest in their education and development is often channelled into courses that provide the accreditation they believe will change their situation.

Attendance has been affected by Covid - sickness and homeschooling - and we lost many students when furlough and lockdown ended and a large number of students returned to work or travelled to see family. However, we do anticipate many returning to class in September.

Against these challenges, our local team and the students we've worked with have achieved a lot in the last 6 months, with funding that amounts to just over one Full Time Employee for the whole project.



## Our classes







Fatime Marta Robin

**Our teaching approach is participatory**, working with students to identify what they are interested in and the issues affecting them in real life. Our aim is to support students, as individuals and as a community, to make change.

While we do "teach English" of course, our approach to this is to bring *adults* together to learn about a broad range of subjects in ways that are *accessible*, addressing language needs as they emerge. Our students often reflect that our classes are different from others they've experienced because their views matter and they find the subjects interesting.

Our programme supports active multi-cultural citizenship and community leadership. We create a respectful space where a range of important social issues are explored, helping people navigate a complex society and enabling them to work alongside a range of people of differing backgrounds, customs and beliefs. The one evaluation statement that every single respondent ticked was "I have enjoyed meeting people from different cultures and backgrounds". Most important of all, is that people feel part of something, and that we create spaces where people communicate with each other and care for each-others' problems, fostering trust and community solidarity.

We have appended *several* examples of the work that has gone on in our classrooms this year thanks to this council funding – and we hope that people will be as happy as we are that these wide ranging discussions are taking place – and actively refer people to the programme.

Here are some of the comments we've received from students in evaluation form and in our WhatsApp Groups:

I want to thank you heartily for accepting to be part of the class !! thank you heartily you and the whole class for every time you have heard me you have given me your precious thoughts !! thank you for becoming a big family for me !!! I would love to continue with you again when we get back together

Sometimes I think it might be better to be in a class with only one level, but I think it's good to be challenged by the people who are higher than me, and help those lower with me. I've been lucky to be with different teachers - Marta, Adela, Fatime and each one of you have a strategy - each one was different to each other - each one had a different technique, new things to learn.

#### Hi Robin

Thank you so much for all beautiful words. I really appreciate it.

Apart from your teaching skills I really liked the way you interact with your students.

We can learn English although we can't learn how to be a human being but with you we can feel this humanity.

Thank you for being our teacher.

Many thanks to everyone for supporting each other.

Have a nice summer break!

Hi Fatime - I'm speechless.

Thank you for your words and above all thank you for the time that you dedicate to that project. You are absolutely an amazing teacher, who gives to her student not just notions but "nutrients" to their mind too.

Your classes and the workshops have made me feel part of something for the first time since I moved to London!
Please, keep me involved, I would love to "formally" volunteer for you organisation!

I'm greatly to Robin too, who made me attended the meeting with the Momentum organisation. And for our political talks Dear Robin.

The classes were always like participating in an adventure, trying to climb very steep mountains but always with a very good and experienced guide, patient, understanding, with a wide culture. As I told you in class, a field trip to the past, trying to understand it as something alive that still affects us. A great honor to have participated in your classes. I greatly appreciate the reference you made of me, with many comments that may not deserve them. But one thing is for sure, your hidden agenda was always of broad interest and it's working.

Hi Fatime.

The ESOL course has been helping me, because I work with Brasilian and Italian people, so I don't speak English during the days I am working.

Unfortunately, I do not feel confident to speak English and the ESOL course is helping me to listen and to speak in English. In a few months I need to renew my visa and I will have to choose a topic to speak in English and to answer some questions about life in THE UK. I'm petrified about it.

I have no barrier at the moment in regards to the ESOL course. I feel that I have all the support I need.

I would like to say thanks in special to Fatime teacher, she has been working to encourage me to speak and I hope that I can improve my communication skills and in the future I can feel more confident to join a conversation or even to get a better job.

Hi Robin. Even if was a short period for me participating in these sessions, it was a productive and knowledgable time. I was a pleasure to be my English teacher. Nice to meet all of you. Have a good summer.

Your classes are amazing Robin, definitely I learnt a lot in each of your lesson

Hi Robin..thanks for your help to improve my English skills ,you are the best teacher

Very nice people and of course teacher Robin. These meetings help me a lot in learning English.

I enjoyed many things especailly the diversity of topics ,but the most imprtant thing was that I considered myself part of these classes .

Robin is the best teacher ever. He knew how to bring joy in every session, making me to be more confident to conversate in english language.

Fatime's guide through the classes was absolutely brilliant! The subjects used to make us discuss, improve our English skill and teach us were interesting and an incentive to reflection.

when I have a class I feel that something is going on. There's something I'm looking forward to on Wednesdays. I wish I had this opportunity before

[I have enjoyed] the feeling of being part of a community that grows together and supports each others.

I learned English, made relationships

## Are the classes improving your English?

Absolutely, EFA has helped me not only to improve the English language, but also make new friends and expand my knowledge.

100%

Definitely, My English has been improved a lot and I became more confident.

Yes, of course

Of course you do, I believe that these lessons are very necessary for people like me.

Yes sure.

Very well

Yes, the classes improved my english and also my knowledge in different subjects as history, culture, religion.

Yes, definitely. My English got better and I got more confident. Before, I never talked to someone. Now I talk to people on the bus. I talk to people everywhere.

Yes they are.

Definitely

yes, absolutely. I wish I could attend more classes during the week.

#### I liked the teacher's teaching

It was a nice idea to study with you because we learned many useful things to improve our life and our work, thanks a lot to our teacher Fatime and also to our brent council

I would like to thank Fatime and all the other staff. I learned alot of new words .it was so useful.

All good

I really enjoyed the theatre games

The teaching skills and information we gave was excellent To learn new things

It was a great opportunity to learn in a very fun way!

Sometimes it was like to be in a fire

The debates the subjects

The people in my group were very positive and open to learn.

The class like one family

Share our knowledge [thanks to the classes] now I read more, now I have an interest in reading.

I love it

the topics were interesting

It was outstanding!

I liked the way the lesson developed and the way the teacher managed it

EFA help migrants [us] teaching the language, find a job, how to manage our life, finding friends

Over the last two terms we have run two classes each week for Entry 3 students, three classes for L1+ students and three for young refugees. In September, we are making changes to the programme in light of feedback. Fatime is introducing an IELTS preparation class for those needing to prove their proficiency to go to university or to re-join in the professions they are qualified in. Robin is starting a refugee class in Wembley for those in the hotel initial accommodation who are especially isolated. He's also starting an in-person writing group in Willesden in response to the main feedback we've had, and felt ourselves, about what's lacking in our online classes. EFA is also opening up a Saturday speaking class to Brent students taught by Adela.

## Beyond the classroom

## **Community Workshops**

Marta has worked with a group of student leaders to develop community workshops for their fellow students. They came up with a programme of wellbeing workshops, reflecting the ongoing mental health challenges they were experiencing. They designed the leaflets and in most cases planned and facilitated the workshops themselves.



Next term students will be invited to Community Organising training that will train them in running listening campaigns among their peers, and in facilitating participatory events and using social media.

## **Employability and Employment Rights**

Each fortnight Lora and her team from the Work Rights Centre have been delivering a range of sessions focussing on employability and employment rights, ranging from CV and Cover Letter writing, interview techniques, contracts and equalities.



Practice: using the STAR technique

Person A: Person B: interviewer interviewee How do you feel about Type of working in a job: - Sales - Manager about the experience. Cleaning Company Tell me about Situation: set the scene and give the necessary details of your example. a time you complete a Task: describe what your responsibility was in that task within a tight deadline. Action: explain exactly what steps you took to address

When do I send a cover letter?

They ask you to send one

Cover letters

They don't ask you for one

They don't ask you have the chance to.

What questions do you expect to be asked in a job interview?

- tell us about yourself
- questions related to your past work experience
- No questions about age, sex, gender, nationality, et.
- ask about the strenghts & weakness
- competancy based questions
- why the company should hire you.

#### **London Citizens**

EFA has been affiliated to London Citizens for many years in South and East London - and we have now joined the North London chapter. 10 students from Brent joined 90 others from EFA at the Mayoral Accountability Assembly, where some 5000 London citizens sought commitments from the candidates on our major concerns.



EFA's longstanding campaign for

London-wide ESOL website scored a victory, with Sadiq Khan finally committing to staff it, giving our students a sense of their power when they come together. EFA had led a listening campaign among the students of several ESOL providers, and the key issue that we identified was a lack of easy-to-find information on available courses.

Several Brent students and local ESOL teachers signed the open letter to Sadiq; local organisations Work Rights Centre and SAAFI added their support; and three Brent students volunteered to translate the letter in to Romanian, Albanian and Italian, for which we're really grateful. You can still sign and share the letter: <a href="https://loveesol.co.uk/sign-open-letter/">https://loveesol.co.uk/sign-open-letter/</a>.

Marta has been updating a directory of ESOL provision in Brent which will be a valuable resource in the here and now, *and* as we work with the council to engage with the GLA website.

Locally, we have been working with the Brent and Harrow Citizens organiser, Daphne Giachero, to foster the Community Organising leadership skills of some selected students. Among the priority campaigns in London are the Living Wage and genuinely affordable Housing. These two issues are at stake in the major development zone in Old Oak Common which is set to create 60,000 jobs and 25,000 homes. Two of our students are in the photo below, as representatives from three boroughs met with the planning team to tour the site.



Citizens instils in people the confidence to hold power to account. We developed our questions collectively, and the two EFA students gained a lot from posing them, grappling in real life with the issues we've discussed in the classroom.

а

### **Accessing Opportunities**

Whether academically, socially, or politically, our classes are places where teachers and students alike share further opportunities. Some students are enrolling on government-funded ESOL and Literacy courses that will equip them to be volunteers in our classes; others are enrolling at the college to become community interpreters. One student has started a Mental Health course thanks to information shared by another student. Students have attended council events, such as the Brent Health Matters session, and the Emerging Communities festival. EFA has hosted its own information sessions for all our students on the Settled Status, Universal Credit and with GPs about the Vaccine which Brent students have joined.

Two students are involved in the Brent Renters Union. One student translated a lengthy survey into Romanian for the Centre for Progressive Change, aimed at identifying the main issues facing cleaners in London. The daughter of one student volunteers for the Work Rights Centre, and the daughter of another is also applying there for work experience. A couple of students have been attending a weekly anti-racism study group and one student has been involved with our People In Action project, producing videos on migrant community issues. A few students have joined the Brent Mutual Aid Facebook group, and one student has been centrally involved supporting a Moroccan-Spanish family in Neasden with multiple health and housing problems. We have referred students to food banks and the Brent Solidarity fund, and one local ESOL teacher took food to a refugee student during Ramadan.

## Spread the word for the coming year

Though we have some referral channels in place with the Work Right Centre, Young Roots, EAL coordinators in some schools, ESOL tutors at the college - the majority of our initial recruitment was done via a paid Facebook advert. We would appreciate more active collaboration and partnership in the borough.

We know our programme is beginning to achieve what we set out to do, despite the setbacks associated with the pandemic. All of our students say the programme is improving their English, and as you have seen many are inspired by the experience. Our project is developing all-rounded, sophisticated community leaders who will go on to serve the community. We look forward to working with you over the coming 18 months and beyond.

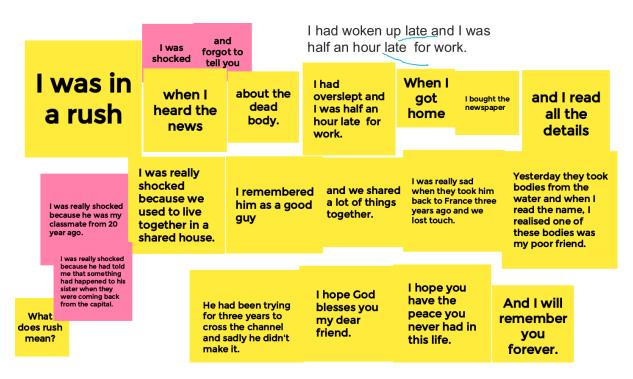
The EFA Brent team

Contact robin@efalondon.org / 07974 331 053 for more information

Students can enrol here: https://efalondon.org/brent/

#### **Young Refugees**

A group of young refugees who know each other from the Wembley Holiday Inn initial accommodation make a story together. They are given just the opening phrase "I was in a rush" and they take it in turns to move the story along, negotiating with each other. It allows for the expression of their shared trauma.



Here they discuss strategies for support





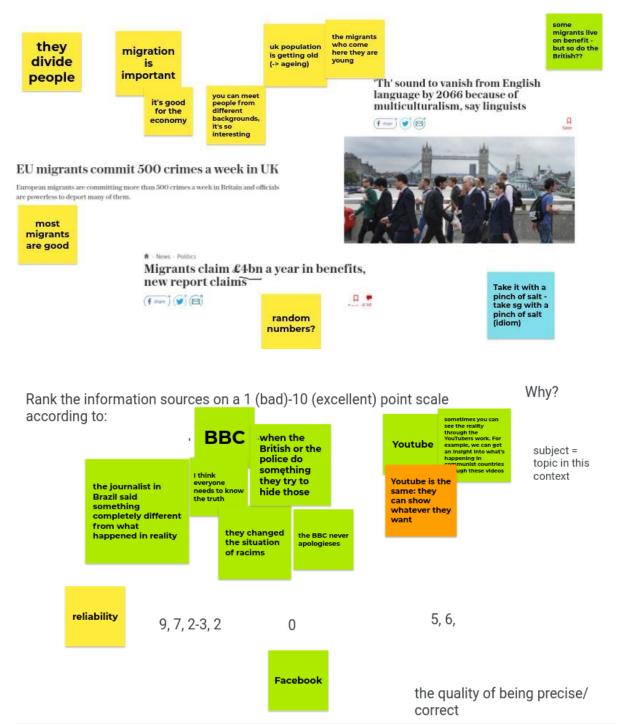
I asked my solicitor for a meeting with an interpreter and he said he would organise it for Monday. It's Thursdy now and I haven't heard anything

I asked the social worker for a phone and he hasn't done anything?

I don't trust him, he did a lot of things to me, he lied to my solicitor telling him I agreed to go to the reception centre. He speaks to me in a way to shame me. I said to him once that I was so tired, that I didn't want to go to the reception centre, that my mental health would suffer and that I might do something, I told this to my therapist who relayed this to him, and he came back to me and said I was doing this to get attention. The refugee council advised me to speak to him without emotion. I said to him I hate myself.

#### Dealing with misinformation and media bias

In one of our classes an emerging topic was the news related to migrants. This led to a discussion on news and media sources in general. Our students shared their opinions on different media sources and rated their reliability. They expressed their skepticism about them, which is key to identifying reliable information. They were also asked to produce more complex topic-related sentences with 'since' and 'as'





Since BBC doesn't show the truth sometimes. it is not 100% reliable -BBC doesn't show the truth sometimes as it is not reliable

1. I don't know how to get reliable information because I don't speak English well.

2. Since we went to the community centre, we got good information.

I feel sad as I don't know who to trust. **Effect** why did soemthing **Effect** cause happen?

I don't speak English

I don't know who to trust

I don't know how to get reliable information I feel sad

result

we went to the comm centre

we got good information Since FB users share their subjective opinion, I can't believe it -Since Youtube is not accurate, I feel nervous

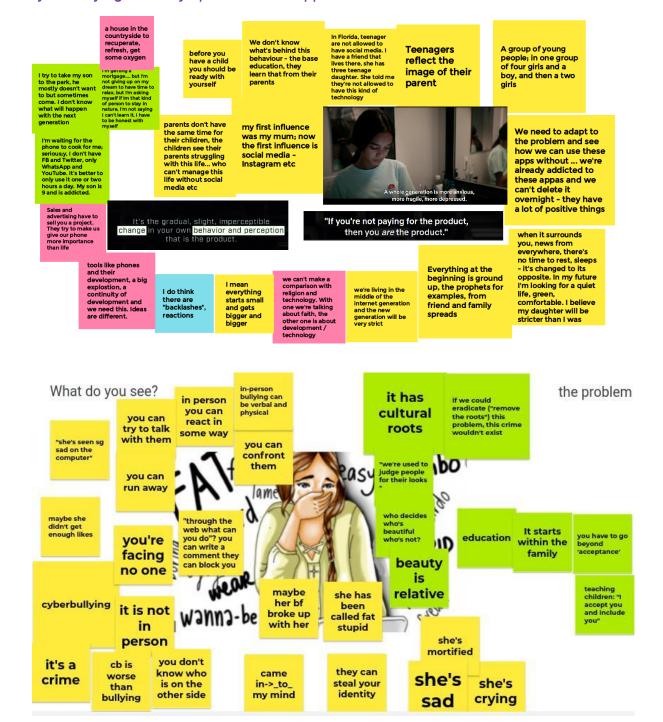
Since BBC is controlled by politicians, I feel sad

A discussion that emerged in another class about fake news:



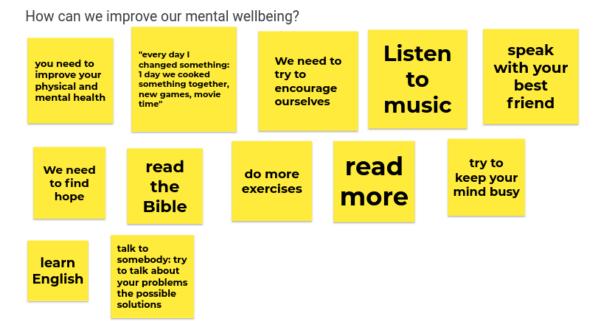
#### Understanding the impacts of social media on children.

Two different classes have found themselves discussing concerns about social media. One class watched and discussed segments of the Netflix show, 'The Social Dilemma' which explains how the platforms generate addictive behaviours and how the algorithms work to target certain demographics to shape their political opinions. This was after a student came to class disturbed by the bullying of a fat child that she'd witnessed in the park. Another class, independently, found itself exploring cyberbullying and ways parents can support their children.



#### Mental Health

Our classes have all dealt with deteriorating mental health during the pandemic, as have our student-led community workshops. After one class a student commented in the WhatsApp group: "Hello, it was a good therapy session like, we talked about our experiences with the NHS, about our children, our loneliness, and the importance of our friends support and last about the devil's music and mental health. It was relaxed atmosphere and productive".



#### **Social Fabric**

A group has read a text about measures of "social fabric" in the UK, and begin to think about which groups they feel a part of here (apart from their classes) and what would motivate them to form an association. A concern for children's rights and opportunities came to the fore.



#### Migration and exile

Lumi, a Romanian, worked as a nurse in Italy before coming to the UK, produced an outstanding piece of writing as a response to a text on Exile, encouraging others to share their experiences...

Exile is a combination of trauma and privilege. In the beginning of our voluntary exile, we were confident, full of projects and hope. Every day we woke up in a new reality, a world that did not belong to us, an existence without a past, but with the hope of a future "at home". We knew the fear of failure, the terror of the unknown, helplessness, loneliness, longing for home, uprooting. Once gone, there aren't many ways back.

(The) Dislocation and dispossession involved in exile are a form of trauma, which takes time to prove its positive effects.

In exile you are forced to reinvent your debut in the world, to redefine your skills, as someone who was given a second chance to experience existence, even if without the energy and freshness of another time. The moment you choose to leave, your life somehow ends as you begin a new one.

The hardest part of exile is the loss of a sense of belonging. You are like a leaf in the wind, like a paper boat on the tumultuous waves of the sea. Exile is deep trauma until privileges are discovered. Here I am referring to the privileges of exploring the unknown around you and of yourself, thus having a new chance at existing.

Iraq - a war in this country, looking for freedom - for writing, living, listening to music

Calais - if we are in there place, the same like us. The economy slow in our country - to think and to understand anyone wants a better life.

It's been a long time since I had feelings. I can't express anything.

Leaving the country was traumatic because I left behind everything I had: my parents and sister, friends, books collected dearly since childhood, memories, dreams, my entire universe. But after years that trauma, dominated by uncertainty, was partially alleviated by familiarity with the new language. When most of the time you speak the language of the adoptive country, when children express their feelings in the new language, it slowly becomes a second home.

The relationship between the language of interiority and that of the external environment is complicated. I think that language represents the meaning of belonging and of the new homeland. Sometimes I wonder if Romanian has remained my essential language, if this is my home. At times, I return to it looking nostalgically at childhood. Romanian remains for me the language in which I fell in love, the language in which my children first called me "mother", the language in which my grandparents continue to speak to me even after death. Could I relive in another language the magic of the first "I love you"? the relationship between the two languages is not only complicated but also confusing.

Everything seems simple and clear when I think about the past and everything related to my country, but the spontaneity of speaking, thinking and reacting in the adoptive language makes these ideas no longer clear.

Equally complicated is the relationship with the country left behind. Out of love, out of fear of not seeing my parents again, out of duty, I feel compelled to come back again and again. Once stripped of memories and idealisation, Romania is increasingly difficult to bear, and I find myself at home elsewhere. A home without a past, and I really feel uprooted.

Childhood and the years of youth are gone, and the country I left disappeared, lost in time. Everything is changed, unrecognisable, people and places. It is as if I were leaving a painting by Renoir and finding myself in the poems of Baudelaire.

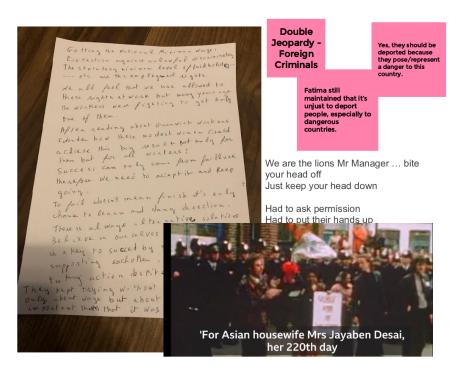
Here, an evening class (always mainly women) discusses migrant worker struggles. They watched and analysed a speech by Zarah Sultana MP which challenges the scapegoating of migrants, and studied the local Grunwick Strike of the late seventies led by migrant women which changed race relations in the UK, especially among trade unionists.

We are here because you were there!
If the wealth was shared equally even in poorer countries, there would be enough and people would be likely to stay where they were.

If people had what they needed in their country, they wouldn't come here.

Police / state brutality Brutal policies #Solidarity knows no borders Hostile Environment

> Grunnwick Strike 1976, Dollis Hill





https://www.facebook.com/watch/? v=316363986378511

https://drive.google.com/file/d/1owt\_4ekWPPtOe-SVLpfUEOVGy2P8oFS\_/view?usp=sharing

This is Sudanese poet Abdel Wahab Yousif. He was one of 45 people who drowned in the Mediterranean Sea a few days ago when their ship was shot at by a group of men and caught fire. Authorities from Libya, Malta and Italy were all called but no one came to their rescue. Abdel was well known among young poets in Sudan. Despite his poor unbringing he managed to get a degree.

Abdel was well known among young poets in Sudan. Despite his poor upbringing he managed to get a degree at the University of Khartoum but even that wasn't enough to offer him a better life. He fled his home in desperate search of safety. But he knew of the dangers that lay ahead. In many ways, he predicted his own death at sea in one of his recent poems:



You'll die at sea.
Your head rocked by the roaring waves, your body swaying in the water, like a perforated boat.
In the prime of youth you'll go, shy of your 30th birthday.
Departing early is not a bad idea; but it surely is if you die alone, with no woman calling you to her embrace: "Let me hold you to my breast, I have plenty of room.
Let me wash the dirt of misery off your soul."

#### **Understanding Autism**

Two different classes happen to have discussed autism, based on having children and relatives they wanted to understand better. One of the discussions motivated a student to look for jobs in the healthcare sector!

Student-led discussion topics also help students learn faster. We watched a video in which an autistic person talked about their experiences and a student commented: "she talked so fast in the video but because I'm so interested in this topic I was able to understand almost everything".



Here, a text on autism is also used to study the use of articles in English.

Putting autism in the simplest terms is to describe it as a different way of processing information. Of course, the autism spectrum and its various syndromes and symptoms are much more complex than that but, thinking and information processing is at the root of autism itself. So, what is so different about the way someone on the spectrum thinks and takes in information?

Research shows that there are a few common thinking styles with people on the spectrum. In a recent Forbes piece, one high functioning adult on the spectrum, Temple Grandin, broke it down best. Professor Grandin is an autism spokesperson, professor at Colorado State University and consultant to the livestock industry on animal behaviors. In a published piece, she highlighted several distinct styles of ininking that many on the spectrum tend to gravitate toward.

Verbal/ Logic Thinking: Verbal and Logic Thinkers tend to learn and remember things that seem unimportant or irrelevant to those around them. Many verbal/logic thinkers appreciate and learn languages, make lists, and remember facts and trivia about very specific, niche interests. The most common barriers verbal/logic thinkers face are related to visual thinking and imagery.

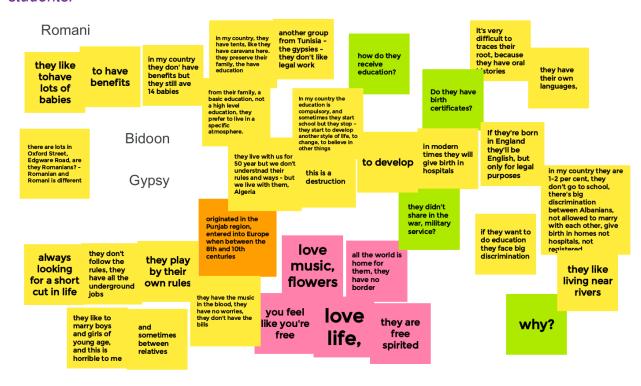
Music/Math/Pattern Thinking: Music, math and pattern thinkers find patterns and geometry in everything. Pattern thinkers are in some ways, visual thinkers who instead of thinking in distinct images, see patterns in design, math, music and more in their day to day lives. Pattern thinkers tend to love their routines and that all things move and progress in a pattern they can understand and replicate. They face the most challenge with sudden change or irregularity.

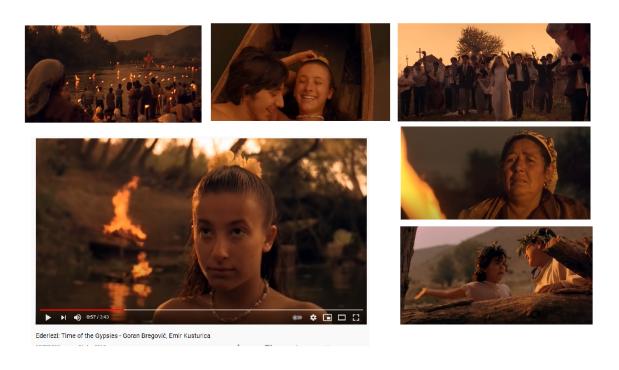
Small, specific which causes

Visual Thinking: Visual thinkers think more in images than words. They may see things in their mind or physically to process information. Additionally, once the images are associated to a specific train of thought, the words and image become associated and banked as a memory. Visual thinkers can have photographic or near photographic memories, and their thought process tends not to be linear. For visual thinkers, seemingly unrelated images can be associated, per Grandin's account. This can lead to confusion between teachers and other peers. A visual thinker may recall one image tied to a memory, and associate it with something that seems unrelated, but makes perfect sense to them. This can lead to sudden shifts in the subject of conversations, causing confusion for the other party teaching or talking to someone on the spectrum to live is to love tendency - to be inclined, normall

#### Challenging the stigmatisation of Gypsy, Roma and Traveller Communities

Here a group explores, in a safe space, their experiences and views of the Roma community. We fundamentally believe that our classes help bring out the best in people, with peer-discussion challenging discriminatory beliefs, fostering an understanding and acceptance of other communities in their complexity. You can see in pink, an Iraqi woman choosing to emphasise the joy she sees in Gypsy culture as a counter to some of the negative views expressed by Romanian and Albanian students.





#### The Education System

There is always a big interest in understanding the education system in the UK. Here, one group makes the case for sending children to their local school rather than shopping around.



lived in the capitals. In the

countryside they have animals...



But I am the product not just of a state school but a comprehensive education. It was, and remains, a crucial distinction. Comprehensives were first introduced as the answer to an insidious system that divided children up by apparent ability before they were even teenagers and consigned large sections of young people to a no-hope future, educationally speaking. In contrast, the comprehensive school opened its doors to all in the neighbourhood, the able and apparently not so able, the well off and the not so well off. In doing so, it was an important first lesson in democratic citizenship. And a comprehensive education has a particular feel to it, an openness and excitement that I can still recall more than 20 years on.

There obviously is a genuine dilemma here. In some boroughs the local school will amount to a sink school which does not represent the true mix of talent and type in that locality, a school which has for one reason or another lost hope. But what parents do not realise is how often this is the result of education policy, the price of parental choice, rather than the failure of one headmaster, one set of teachers or a particular local authority. This isn't personal, it's politics.

hormones through song, media, food

Here is one student's writing on adolescence, corrected together. Many parents contend with the dual challenge of raising adolescents in a cultural context they don't really understand.

#### The age of 13 The age of 13 is the stage where the adolescence begins, your body is experiencing many changes. These are related to the physical and mental functions which accompany if puberty. During this time, our body starts to feel more sensitive, uncertain, changeable, indisposed starting to reach a part of physical maturity. D. 12 Furthermore, 13-year-old is dealing with some hormonal changes which can affect the teenagers' moods and emotions. The brain functioning can rise the body adrenalin influencing the way of thinking. On this stage, a better understanding of the world is missed, lacking living this part of life without responsibilities. Furthermore, on present days many teenagers have their own phone to communicate with friends more privately considering to independent. today no article: school, home, work, church countries, cities, subjects, holidays, When I was at school, we were we were studying this subject, and I put up my hand and repeated what was said in the book, but I didn't understand. This subject was taboo in families, maybe because I lived studying this subject, and I put up my hand and repeated what was said in the book, but I didn't in hot It depends on parents are understand. This subject was ashamed to talk about hormones etc, but the world is gender, climate; they stimulate the countries, taboo in families, maybe because I puterty comes

more open now

sooner

#### Seeing where the conversation goes

Quite often our classes begin with a general chat. Here we learn about the Romanian Spring festival of Martisor and a flower exhibition in Islamabad. Another student discusses her discovery of the Welsh Harp – and fly tipping!

#### Martisor





snowdrop

For three days in Spring, a big exhibition in Islamabad

Saint David (Welsh: Dewi Sant) was born in Caerfai, south west Wales into an aristocratic family.[1][2] He was reportedly a scion of the royal house of Ceredigion, [3] and founded a Celtic monastic community at Glyn Rhosyn (The Vale of Roses) on the western headland of Pembrokeshire (Welsh: Sir Benfro) at the spot where St David's Cathedral stands today.[4]

Celebrations	Children participate in an eisteddfod
Observances	Parades Wearing Welsh emblems
Date	1 March
Frequency	Annual

David's fame as a teacher and his asceticism spread among Celtic Christians, and he helped found about 12 monasteries.[1] His foundation at Glyn Rhosyn became an important Christian shrine.[5] and the most important centre in Wales. The date of Saint David's death is believed to be 1 March 589. [6] His final words to the community of monks were: "Brothers be ye constant. The yoke which with single mind ye have taken, bear ye to the end; and whatsoever ye have seen with me and heard, keep and fulfil."[7]

For centuries, 1 March has been a national festival. Saint David was recognised as a national patron saint in the 12th century<sup>[2]</sup> at a peak time of Welsh resistance to the Normans.<sup>[8]</sup> He was canonised by Pope Callixtus II in 1120. The 17th-century diarist Samuel Pepys noted how Welsh celebrations in London for Sain

#### Welsh Harp



fly-tipping

give notice squatter tenant

I'm sure she won't pay

Sometimes you really couldn't have anticipated what will come up. Here in the anti-racism study group, the teacher played a song at random, and it turned out that one of the students had met her, and it opened up a much longer conversation; such classes are memorable and help a class bond.

This study focuses on a relatively unknown chapter in the musical career of the South African singer Miriam Makeba. I concentrate on her musical activity in the West African country of Guinea that became her home and where she worked between 1968 and 1986. Although Makeba has been the subject of academic scrutiny in recent years, research into her work has focused mainly on her time in the United States and has thus been limited to the North American context. Research has investigated, for example, her role in the US civil rights movement within a more encompassing framework of black cultural activism; the manner in which she came to represent the African "other" in the United States; as well as her role in promoting resistance to the apartheid regime . Makeba's career in Guinea, however, has not yet been the focus of sustained research. On the other hand, scholarship on Guinean music has

focused primarily on Guinean-born musicians and on the state cultural apparatus, and has not considered the role of Makeba's position in Guinea in depth

She sung before John Kennedy and

won a prize

They normally know about her as an anti-racist activist in the

**Apartheid** 

This research focusses on her musical activity in

in 1977, she visited my country and attended all the big parties country, she never forgot her country. She used her message to defend all of Africa, not just South Africa. A lot people like her music.

She was my her in person

She promoted resistance in Africa

Venezuela on a main TV Patapata





Conakry Capital of Guinea

Conakry is the capital of Guinea, a country in West Africa. The city sits on the slender Kaloum Peninsula, which extends into the Atlantic Ocean. Just offshore the Loos Islands are known for their beaches, dense Grand Mosque has 4 tall, elegant minarets. Next to the mosque, the large Botanical Garden features kapok trees and tropical flowers. - Google

#### **Precarious Work**

One class watched the opening scenes of Ken Loach "state of the nation" film 'Sorry I missed you' about a working class family trying to make ends meet through precarious and exploitative courier and care work. Alongside watching some of 'Watership Down', this leads to a good discussion of the qualities of a leader and those of a boss.

They represent the worker in society - it's about reality It's always a good idea to represent reality as a way to understand society as it's changing. They're both hardworkers, they don't spend money on silly things and they still don't have enough to look after their family.

That's exactly what's happening especially after Covid. It's a window onto the world

it can be aimed at government and at society. This struggle is a social struggle a mirror to reflect on ourselves, to see ourselves in other people, and we can filter some details and this type of documentary gives the authorities / government an insight into these specific lives

"The leader is the first one on strike"

> or of the party





I see myself as a leader, I have these skills to persuade and good communication skills. I direct specific styles according to the person. I have an analytical style and I'm a good listener to others. These are some ofthe skills - leaders are quick and good learners. They have charisma, strong personalities, are confident.

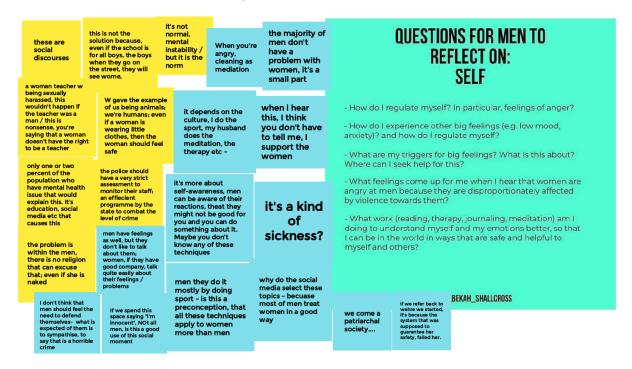
Are you a leader? With humans I'm not a leader, in a job I can be a leader easily. To persuade people is not easy for me. But in a job, I'm a leader. I think people copy me, I'm creative, people are jealous of me, and beg me to help them. To control the whole group, no I can't. I concentrate not on myself but on the other questions, or needs. That's my biggest problem. Whan anyone ask me questions, I answer but before I complete answering, they ask me another, without completing the first one. This is my fault as a leader. Leaders should concentrate on themselves and not on others

#### **Gendered Violence**

Here a class discusses gendered violence (and the ways language can obscure men as the agents of violence) in the wake of the Sarah Everard murder.



Here, we look at a series of texts which put the onus on men to change, challenging the culture of tacit victim-blaming.



#### Religion and Society

As part of a term focussing on Religion and Society, a theme prompted by different beliefs about the pandemic and the vaccine. As a sub-theme we tried to understand different agendas at play, whether religious or political. Here a class watches extracts from films, trying to ascertain what they all have in common.

in any generation, even in civilised time, people are being by judged by their culture or religion, people give other people a hard time, human nature - still being judged by what other people think, if you're different, you're not safe. Whether in 1990 0r 2002, we don't have other people's views, who don't want

we have different ways to see the life if we belong to different cultures. People is interesting in what is more important for them

you have to be open to other cultures

A free speech without being afraid of how society will categorise you

> how society will accept you as a package - your religion, your thoughts, your gender

what's the agenda of the documentary-makers?

It's about Taboo - your opinion, your freedom, what you want to be, to be vourself in this society

freedom, you are in a prison becuase of any change in society

> we fight many things against ourselves - all the ilms have this idea. The fight is within ourselves

Marsha J Thompson: to promote immorality in society, to lead away from religion. The last film (Story of God) motivates people towards religion

the life plan - the hidden agenda which every has - a way of fusion what he wants to be

explain us how the religion, culture, and different generation influence our lifestyle in

those videos

the three documentaries are linked - they have an agenda - hidden -

we have similar but slightly different takes on what links these three documentaries

we have different ways to see the life if we belong to different cultures. People is interesting in what is more important for them

to take something / it at face value

(when you don't question / ask about a hidden agenda)

**Robin What** was your hiden agenda?:) many ways

Here a student reflects on the class:

Robin asked us to speak in a nutshell, what we discussed on last Monday class about three videos on very varied and controversial topics. The first video dealt with poverty in certain sectors of India and a wonderful school called Shanti Bhavan. I saw it, thanks Robin, in Netflix the first season (four chapters) of the series called Daughters of the fortune based in this School. Excellent. The second video, deal wit a transgender social leader and his fight for freedom and rights. The third, 3, was about something more complex: Religion :). Morgan Freeman took us to the Sinai Desert to face our shadows or inner enemy.

How are these three videos related? Difficult to answer. Which led us to ask Robin what his hidden agenda was. We discussed that each film maker also has its own agenda. Each politician has his agenda. Each of us have their proper agenda.

In the end, what I interpreted was that Robin's hidden agenda was or is, that we learn English with interesting topics that he is passionate about. Topics of general culture, deep, confusing, interesting.

Maybe I'm wrong, but it's my opinion, surely Robin has others hundreds of hidden plans:)

Here we look specifically at women and their relationship to religion, with Muslim women often caught between oppressive religious conservatism on the one hand and Islamophobia on the other.



It's not something about the tradition, it's global, the women's rights. Some people think i

> She doesn't believe in cultural relativism

Born in 1930s, women weren't allowed to do what they wanted and she broke the rules. Had issues from family, society, at universitiy. She had the same problems as a doctor and she can't stop what she want because of what others thought. She was like an idol, inspiration for lots of women to do what they want. She's a moody woman, contradictory. This kind of writer who always wants more they can have. She polarises/ divides opinon. She's black or white

Feminism can be in any country, anywhere People believe that she follows a western cultural view of women and she says it's not true, in every country women fight for the rights of women

She doesn't believe women will be given their rights from government, we have to fight for it ourselves

undermine

we cannot separate the local and global it's global because in the UK women get 30 per cent decrease in business

BBC vs Zara Mohammed: An exercise in Islamophobia





provoke / provocative

litmus test

She didn't rise to the bait

an editorial point of view - if you don't write what they want you to write, they don't publish you

didn't have anything to do with

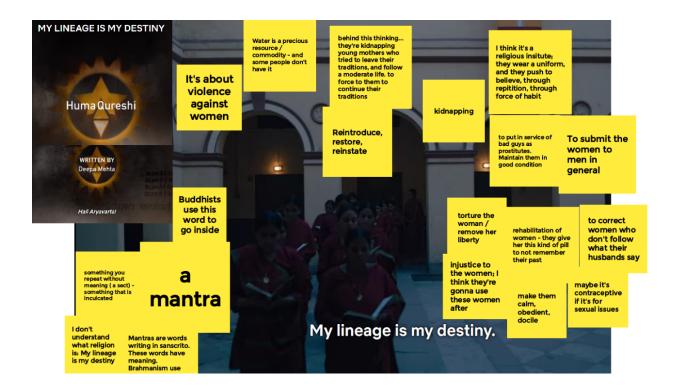
the questions had no bearing on Mohammed becoming President of the MCB

neutral journalistic principle

Do you aspire to journalistic neutrality?

she tried to detract from her achievement

an angle a line



#### Turning points in the cultural history of England

The following series of slides give a small snapshot of discussions in one class this summer, framed loosely by the theme of the cultural history of England, which we

came to after considering different ideas for the term.



Migrants who are deciding to settle here want to understand the history and culture that they will become a part of. We started this term with Kipling quote used by the Black radical CLR James: "What do they know of England, who only England know" to consider the idea that migrants bring with

them their own cultural experiences, a breadth of comparative perspectives, that can sometimes allow them to understand UK culture better than people who know nothing else. Migrants will continue to shape new chapters in the history of these isles, a negotiation between their own values and customs and the dominant cultures here. The process also makes them more incisive about their home country culture and history.

Venezuela fight of Simon **Bolivar** against the **Spanish** 

He helped to liberate Colombia, Peru, Ecaudor, Bolivia, Panama; all these are Spanish colonies. Had help from the English. The English Legion 1810/12

Of the 9.5 million people captured in Africa and brought to the New World between the 16th and 19th century, nearly 4 million landed in Rio, 10 times more than all those sent to the United States.

The word Sud comes from Black - the indigenous people are black. In the 17th **Century Arab nomadic** men came to Sudan and produced mixed **Arab-Black population** in the north.

hundred tribes but Arab dominates the country politically. There is very good soil, mineral supplies, but it remains underdevelopped because of the independent from

people are in camps
- like refugees in our
own land. Genocide began in 2002. There are kids who were born in camps and are now university age.

Darfur, All our

The Islamic regime ruled the country for 30 years - the Muslim Brotherhood - now it's ruled jointly by a military-civilised government

the goals and

strategies are

compare with

different if

Brazil - is a very strong country, big diversity - colonised by Portugal, a lot of migration in its history. The people in the north and the south are very different.

Brazil is very rich, very big - people come to explore gold, for agriculture. It's called Brazil because of the tree this tree

**Both colonised by** Portugal, but after this you have a lot of countries going to Brazil - a lot of Italian, Spanish,

#### assert claim state affirm

https:// www.youtube.com/ watch?v=Owf5Uq4oFr

But the development is the same - the rise and the fall - the Romans, the Mongols, the Caliphate, the Ottomans, - the Rise and Fall

**The Normans** were Vikings that came

They became part of Frankish (French) society, but controlled a part of northern France -Normandy

They searched for new challenges -they couldn't live in peace - they are warriors, they cannot live without

The produced the Domesday Book, documenting the land/property and population.

Britain 400 – 500 CE Anglo-Saxon homelands and settlements we're going to PICTS JUTES Angles, Saxons, and Jutes ANGLES (early 400's) FRISIANS FRANKS Sebre 500

They built a lot of castles and affected the architecture of cathedrals. Before there were wooden forts

They introduced Norman Latinized French, especially among the nobility but the ordinary people still spoke Anglo-Saxon

They continued to invade Scotland and Wales

censorship by the authorities - the state it depends on what is acceptable or not acceptable TO the society / the culture you cannot see a kiss in the movie

morals morality - les moeurs manners / mores

parental control / supervision / monitoring /

## Censorship is right under some circumstances.

a humourist jokes about the cutting of the scenes. He opens his bedroom door and you cut to his office. You only see depictions of bureaucratic life. there was a kind of music that was considered immoraly (associated with seedy nightclubs) but now it is broadcast.

seedy nightclubs bidonville - slums

obscene

backlash

whoever has the power, he can command the society

mighty

almighty

strength /

Our opposition leader is Khorshid Shah - he looted and was involved in serious corruption - one authority tried to bring him to justice but he used his power to evade the courts, staying in hospital.

la interview alcohology

history is always written by the victors.

In Urdu, we have this phrase - if you don't have power, you can't do anything

they can behave with impunity

## "might is right"

if you have a teleological view of history, seeing design and purpose.

In Arabic, we have the law of the jungle - whoever has the power they can command society no religious basis, it just exists as an ideology alongside religion

it's immoral but it's the reality in the subcontinent
- Pakistan, India tribal areas, the
division of society the caste system whoever belongs to
the strong caste can
do whatever he
wants to do.

If you don't you don't have any psychological or physical power you're subject to their power.

in the Middle Ages whoever has the power can command the people

#### The European Cup finals

We couldn't avoid discussing it!

I was hoping for an English defeat

Jump on the bandwagon of the victory

My husband said he was with the Italians having seen the behaviour of the English fans, but I could see he was disppointed when England lost. Me I'm naturally in between

It's the only sport where after the game you have to watch out

These games need a lot of adrenalin

Nearly the whole world was with Italy. The Irish people were singing It's coming Rome. Even Scotland

I've seen two examples of defeat, in Wales and in England. But I didn't like French defeat

For sure I was with Italy, but I don't understand why we suffer so much - I don't want to be implicated in the emotional things... but when Italy scored my feeling changed.

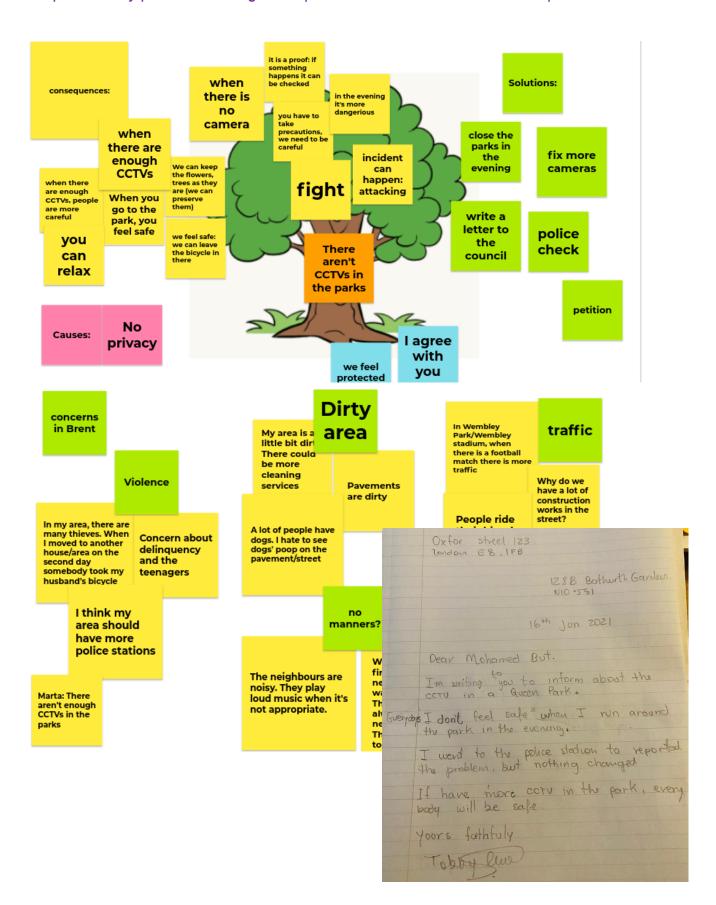
After the last three boys were black who lost the match, my son said how can you go outside. My friend's sister is very narrow-minded, some of us were indigenous, some mixed-Arab, she came and said they're black like your boys. On of my friends said I can drive your home.

Because you're black it's like a crime, we didn't chose this colour skin. It's like slavery never ended .. I forget about the football and think about this issue. That boy who made the free school meals. My son is worried, he puts a lot of energy to be a basketball player. This world never goes anywhere. It's like the stone age. My son is worried of being attacked.

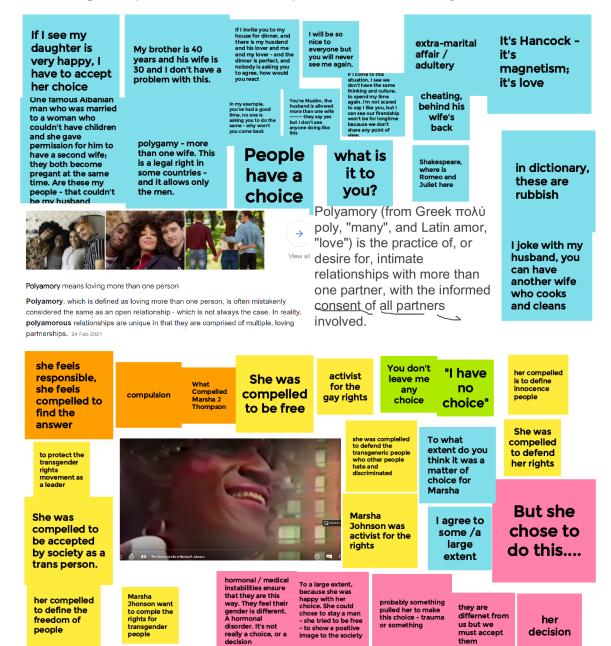


#### Safety

Here a group shares their experiences living in Brent and concerns about their area. The two main issues they face are having too many thieves and the lack of cameras in the parks. They practised writing a complaint letter based on their lived experiences.



#### Promoting acceptance of relationship and sexual diversity



- to show a positive image to the society

At the top, a class discusses their views on couples with a big age difference between them, which develops into a consideration of the possibility of consensual polyamory. Another class watches a documentary about the unsolved murder of Trans activist Marsha Thomson. Depictions of LGBT characters should not be confined to separate LGBT lessons one month of the year. The documentary was part of a discussion about social agendas. Here at the bottom is a screenshot from the Netflix series called Feel Good, a comedy with a lesbian couple at the centre. We watched a scene to look at the parental dynamics, as part of a discussion on parenting styles.

people



decision

must accept

#### **Personal and Social Development**

All our classes are fundamentally geared towards personal and social development, cultivating self-confidence and skills. The summer theme for one class was on Animal, which helped people explore themselves and their values.

The grasshopper spent the whole summer singing and didn't prepare for the winter. Conversely, the ant is always thinking to the day after tomorrow (ahead).

no one left behind - the capitalist; the communists say ..

in the summer she was busy singing; she thinks the ant don't know how to enjoy the summer, you're working too much and you don't know how to enjoy yourself. In the wintertime she was going knocking on the ants door after speaking badly about. The ant refuses to give him food

changing, continuous changing, from small things to big things or vice versa; beautiful things take time

incomplete and complete metamorphosis

surprise

Winged insects are divided into two major groups: endopterygote insects and exopterygote insects. These two scientific names actually refer to the manner in which their wings are formed, but the fundamental difference between the two groups is the way in which species develop into

we appreciate the grasshopper because they bring joy

teach them to prepare for the future; to be conscientious; to help others a lot of writers have decided to rewrite the story. in the original the ant asks what did you do all summer - sing - and the ants says so you can now go dance. Some have re-written it, saying that the ant was moved by compassion and invited the grashopper in and they became friends; others that the ant taught the grasshopper how to work.

In the Arabic version, they were best friends; at first she was so angry with him, she had warned him that he needed to work. She invited him to stay for the winter. She's merciful but preaches / educates the ant

adults or imagoes. In exopterygote insects the eggs hatch into larvae called nymphs, which are essentially miniature versions of the adult form. The nymphs then grow to maturity by shedding their skins periodically to become larger. Each time they do this they undergo a transformation described as incomplete metamorphosis.

Endopterygote insects develop into adults through a series of distinct changes. They hatch from their eggs into larvae that look nothing like the adult form. Once the larvae have grown to capacity they shed their skins to become pupae, an intermediate phase where the components of the adult insect are formed and assembled. Finally the adult insects emerge from the pupae. The transformations from larva to pupa, and then pupa to adult are both described as complete metamorphosis.



Desi - a Lioness, he bows down to the Lioness, how she fights to the death for her offspring.

Lexita - dogs are noble and humble. I love all animals.

which creature encapsulates your spirit / mentality

Lumi - an Eagle. I like to fly high and be free and see everybody. I've always done things that I've had to do.

Hakima - I think horses represent freedom, they're so sincere. They have a quality of nobility.

A cheetah - a huge cat; they have different patterned fur/coats; they can reach high speeds. The fastest of all animals. It's everything that I want that I'm not. It encapsulates all these things that I aspire to.

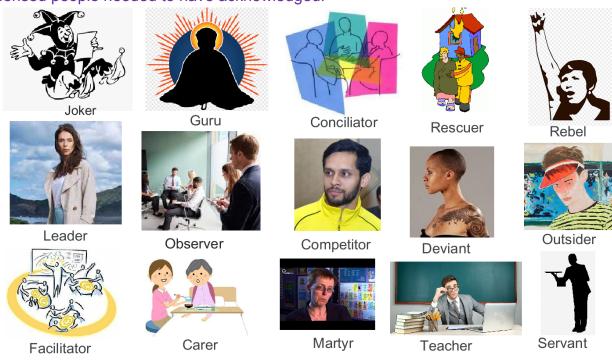
Tiberiu: I would be a dog. On of the most faithful of animals. A joke: If you leave a dog or a wife in a closet for the day, who would leave you and who would be happy to see you

the closest TO humans

the loyalty and the sincerity

sincere

The following attributes are listed in a book about the roles we play as part of a group. Students in one class ascribed attributes to their peers and the teacher, which was both fascinating and a testament to the group cohesion, with some people using this as an opportunity to build each other's confidence, shining a light on attributes they sensed people needed to have acknowledged.



Carmen -	Anna	Natalia	Asma
Leader Teacher Guru Rebel	Conciliator Rescuer Carer Carer	Observer Guru /Rebel Teacher Outsider	Rebel Carer Outsider Leader Joker
Observer	Carer	Servant/Outsider	Jokei
Robin - teacher teacher/rebel/rescu	Joker Care Rebel Comp		I agree I jump from all of them - teacher as well - the teacher can be all of them
rebel I can see leader of the on said - bu		see myself in all ones people but rebel came eyes first	